



Kūlia Ka Nu'uz



Newsletter

Vol. 2, Issue 7

<http://www.kuhioschool.k12.hi.us/>

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Collaborate, Adapt, Persevere to Succeed!

Upcoming Events

Principal's Message

Coming Together, Keeping Together and Working Together

The month of March reminds us of the following:

- Cooler weather, passing showers and whirling wind,
- Spring Intersession (March 18 – 22, 2019) a time to rejuvenate and have fun after working very hard during the 3rd quarter,
- Standards Based Assessments for the upper grades which are approaching quickly from April 23- May 17
And ... there will be just 10 weeks remaining in the Fourth and final quarter of the school year!

Additionally, March is an opportune time for **reflection**, a time for serious thought about how well your child(ren) are learning and progressing at grade level. This reflection can lead to another opportunity for children to realize that they have a chance to change directions or start over again. It is never too late to set new goals for the final quarter of the school year.

Perseverance is an important and crucial attitude and habit for child(ren)'s healthy growth. The following are tips for parents to encourage perseverance by teaching their child(ren) to achieve goals that they set for themselves and not get discouraged at difficulty or failure.

- Set realistic goals and value effort over results.
- Show confidence in your child – don't overprotect, but be there when they need you.
- Take an interest in what they are doing by showing how proud you are of their accomplishments, no matter the results.
- Explain to them that mistakes are normal; don't compare yourself with others, but reflect on your mistakes and how it can be done differently or better.

Modeling perseverance to your child(ren) is the best way to teach this virtue. Encouraging children to practice this habit/attitude will support them in meeting proficiency of the 6 General Learner Outcomes. We want our Kuhio children to be equipped with skills to tackle the range of challenges that they face every day and in their future.

Hang in there, do your ultimate best this fourth quarter and let's work together to end School year 2018-19 very successfully! We can do it!

Malama Pono!

Sincerely,

Lynn M. Kobayashi

Principal

March 14 – Super Star Savers Deposit Day, Cafeteria, 7:30 – 7:50 am

March 15 – Prince Kuhio Day Celebration Assembly, Cafeteria, 8:30 – 9:45 am

March 16 – Keiki Rainbow Run, UH Manoa, 7:00 – 10:00 am

March 17 – St. Patrick's Day (Wear Green!)

March 18-22 – Spring Break (No School)

March 26 – Prince Kuhio Day (Holiday, No School)

March 28 – SCC Meeting, 2:30 pm

March 29 – Kuhio PTA Family Movie Night, Cafeteria, 6:00 pm (tentative)

April 3 – 5 – HBL Bike Ed (Gr. 4 & 5, 8:15 – 9:45 am)

-3rd Quarter Report Cards to go home
-SBA Coffee Hour, 8:15am

April 5 – 3rd Quarter Assembly, cafeteria, 1:15 pm

April 11 – Student Council Field Trip, State Capitol

April 15 – 19 – Spirit Week

April 23-26 – SBA Testing (Gr. 3)

April 30- May 8 – Grs. 4 & 5th SBA Testing

May 10 – Gr. 1 Field Trip to HTY: The Adventures of Pinocchio

May 12, 13 – Gr. 5 Field Trip, Hilton Waikiki Hotel, 8:30 – 12:30 pm

May 17 – Student Council Elections, 1 – 2 pm, cafeteria
-HSA Science Test (Gr. 4, 2nd opportunity)

May 20-24 – SBA Make-up Testing

Togetherness Quote of the Month

“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”

– Albert Einstein



Box Tops for Education! Please cut out, save, and drop off your Box Tops for Education at the office or with your teacher. Mahalo!

For more information about Box Tops:
<https://www.boxtops4education.com/>





Grade 5 Happenings!



By Mrs. Fujimoto and Mrs. Salas, Grade 5

5th graders recently participated in the Honolulu District Science Fair held at Farrington High School on Saturday, February 16, 2019. Presenters from H-102 included Yaya Ho, Lililai Louch, Lucas Ruemau, Shawnalynn Johns, and Chloe Hokoana, whose Engineering Design project, "Ready, Set, Launch!" focused on the development of launching and receiving devices using limited materials, which were modeled after learning about catapults and trebuchets. Presenters from H-201 included Raver Alombro, Amanda Chesshir, Jenesis Munoz, Abe Natividad, Alethea Simon-Finley, Hokukuanalia Sunia, and Stephanie Yeung. We are so proud of our budding scientists and engineers!

On Monday, February 25, 2019, the 4th and 5th graders of Kuhio E.S. attended the Adult Friends for Youth's P.E.A.R.L (Promoting Peace, Empathy, Acceptance, Respect, Love) Anti-Bullying Convention held at the Neal Blaisdell Concert Hall. Performers included the McKinley H.S. Band, Tony Silva of Da Braddahs & Friends, Kaleo Pilanca, and AFY students, who presented several skits. Kuhio School was almost forgotten during the sharing of the schools' anti-bullying chant segment of the program, but Meileen Kenchiro bravely went up to the stage to remind the MCs that we had been omitted. As a result, Kuhio was the final school to share our chant, which the 4th and 5th graders performed valiantly with much gusto and spirit! Kudos to Mrs. Sharon Salas, who worked with the students to develop the anti-bullying chant!



Who was St. Patrick?

The holiday we know today got its name from a man named Patrick. St. Patrick, the patron saint of Ireland, is one of Christianity's most widely known figures. But for all his celebrity, his actual life remains somewhat of a mystery.

It is known that St. Patrick was born in Britain to wealthy parents near the end of the fourth century. He is believed to have died on March 17, around 460 A.D.

At the age of sixteen, Patrick was taken prisoner by a group of Irish raiders who were attacking his family's estate. They transported him to Ireland where he spend six years in captivity.

After more than six years as a prisoner, Patrick escaped. According to his writings, a voice which he believed to be God's, spoke to him in a dream, telling him it was time to leave Ireland.

Soon after, Patrick began religious training which lasted more than fifteen years. After his ordination as a priest, he was sent to Ireland with a dual mission to minister Christians already living there as well as to convert the Irish.

Because of his familiarity with Irish language and culture, Patrick chose to incorporate traditional ritual into his lessons instead of trying to eradicate native Irish beliefs and customs. For instance, he used bonfires to celebrate Easter since the Irish were used to honoring their gods with fire. He also superimposed a sun, a powerful Irish symbol, onto the Christian cross to create what is now called a Celtic Cross so that veneration of the symbol would seem more natural to the Irish.

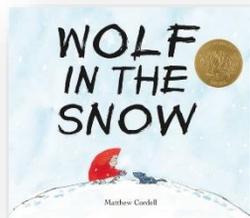
Beekie Beekie Corner



★ Review 10/24/2016

Caught in a blizzard on her way home from school, a girl in a red parka discovers a wolf pup left behind by its pack. Cordell's story is wordless, but there's a soundtrack: the cub whines, and distant howls reveal the pack's presence over the next hill. The snow is deep, and the girl is tired, but she puts the pup first, scooping it up and heading toward the howls, undaunted by frightening encounters along the way. Cordell (Leaps and Bounce) uses his customary light and loopy scrawl for the girl, but the bristling fur and open mouths of the wolves are startlingly real. The mother wolf comes to meet them: her golden eyes blaze, and she growls softly. But she's grateful, and when the girl collapses going home, the pack shows its gratitude in an unexpected way. Cozy vignettes, framed in rough circles, help reassure readers that the story will end well, and so does a tender opening portrait of the family. The girl's story is a hero's journey, and Cordell tells it with skill and heart. Ages 2-6. Agent: Rosemary Stimola, Stimola Literary Studio. (Jan.)

~Publishers Weekly



Shamrocks, saint and shillelaghs

St. Patrick's Day, celebrated on March 17, honors Ireland's patron saint who died on that day in 461. Icons of the Irish holiday and the history of St. Patrick:

- Shamrock**
 - Small, three-lobed herb appears on United Kingdom's coat of arms with English rose, Scottish thistle
- Irish flag**
 - Green stands for Catholics; orange for Protestants; white for wish for harmony
- Leprechauns**
 - Fairies who work day and night mending shoes of other faeries
- Shillelagh** (shih-ley-lee)
 - Walking stick; word is Irish for stout oak club or cudgel; also name of a forest that once stood in County Wicklow



Patrick: Saint and legend

- 387:** Born in Britain to a Roman family; his father served as a magistrate; his original name was Maewyn
- Early 400s:** Taken to Ireland as a slave; after six years, he escaped to France where he studied for priesthood
- 432:** Sent to Ireland as a Christian missionary by Pope Celestine I, who named him Patricius, which means noble in Latin; he introduced Roman alphabet, Latin literature; Christianized land
- Familiar legend**
 - He drove the snakes from Ireland by beeing a drum

Source: "Shamrocks, Hops and Shillelaghs" by Edna Barris. All About American Holidays, Work Book.

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SBA Testing Tips!



Students in Grades 3-5 will be taking the SBA standardized test soon. There are a few tips that can help students to start preparing so that they can do well on the tests.

- Practice, practice, practice.** The more you practice, the more familiar you will be with the test format, and the less likely you are to panic when you take the test for real. Practice also gives you an opportunity to get rid of all the bad habits that lead to careless errors. The more you practice, the more likely you are to recognize careless errors. Try to practice with **practice tests** under realistic testing conditions.
- Studying for the test over an extended period is much more effective and lasting** than cramming for the test at the last minute. One of the best ways to build your vocabulary and understanding of current events is to read a daily newspaper. It is best to start doing this as early as possible, but even a few months of close reading can help, probably more so than memorizing vocabulary lists. It is important to understand the meaning of a word in a real context. Word-a-day drills are only effective to the extent that they provide memorable examples of the word's use in context.
- Eat a good breakfast** the morning of the test. Avoid eating sugary foods. High-protein foods like scrambled eggs are often best for aiding concentration and minimizing fatigue.
- Get a full night's sleep** before the test. Do not pull an all-nighter cramming before the test. A lack of sleep will affect your performance.
- Stay calm, don't panic.** If you start getting anxious, take slow deep breaths. Don't worry about other people finishing early. Smart people know to use all available time to double-check their work.
- Pace yourself.** Calculate the amount of time you have to answer each question and avoid getting bogged down on any one question. A watch with a countdown timer can be very helpful for budgeting your time. You might also take a minute at the start of the test to scan through the questions, so you can know what to expect.
- Answer the easiest questions first. Most tests arrange the questions in order of difficulty, but sometimes you'll find that later questions are easier for you. If you're stuck on a question, move on to the next question (but be sure you flag it). You can always return to the question later. Sometimes returning to a question after answering other questions can give you a fresh perspective.
- If you have time left over at the end of the test,** review your answers. Don't second-guess an answer unless you are certain that you misread or misinterpreted the question. Watch out for careless errors. Also **double-check** that you wrote all of the answers in the correct locations. (If you skipped a question, make sure you didn't misalign the answer to the next question.) Read the question in full before trying to answer it. At least some of the answer choices will be designed to trap students who don't read the question fully. Also identify the answer first before looking at the answer choices, since some of the choices will be designed to prime you into misinterpreting the question. Don't jump to conclusions.
- Eliminate any answers that you know are incorrect,** especially on questions where you are having trouble arriving at the answer. Eliminating a few wrong answers can increase the chances of a random guess being correct. If you can eliminate one or more of the answers, making an educated guess among the remaining answers is worthwhile.
- Consider all the answer choices before writing down your final answer.** If one of the answers is an all-of-the-above choice, make sure there isn't more than one correct answer. If you've identified at least two correct answers, choose the all-of-the-above response. Answers that are positive are more likely to be correct than answers that are negative. Answers that are more informative are more likely to be correct.

Tip To Help Your Child Succeed #1: Visit the School and Its Website

Knowing the physical layout of the school building and grounds can help you connect with your child when you talk about the school day. It's good to know the location of the main office, school nurse, cafeteria, gym, athletic fields, playgrounds, auditorium, and special classes.

On the **school website**, you can find information about:

- ✓ **the school calendar**
- ✓ **staff contact information**
- ✓ **upcoming events like class trips**
- ✓ **testing dates**



We are opening up nominations for the SCC positions in Community and Parents. If you are interested, the nomination form, candidate form, and cover sheet form will be posted on the Kuhio School website's community page and on the main page where you access the site. Check it out!

Tip To Help Your Child Succeed #2: Send Your Child to School Ready to Learn

A **nutritious breakfast** fuels up kids and gets them ready for the day. In general, kids who eat breakfast have more energy and do better in school. Kids who eat breakfast also are less likely to be absent, and make fewer trips to the school nurse with stomach complaints related to hunger.

You can help boost your child's attention span, concentration, and memory by providing breakfast foods that are rich in whole grains, fiber, and protein, as well as low in added sugar. If your child is running late some mornings, send along fresh fruit, nuts, yogurt, or half a peanut butter and banana sandwich. Many schools provide nutritious breakfast options before the first bell.

Kids also need the **right amount of sleep** to be alert and ready to learn all day. Most school-age kids need 10 to 12 hours of sleep a night. Bedtime difficulties can arise at this age for a variety of reasons. Homework, sports, after-school activities, TVs, computers, and video games, as well as hectic family schedules, can contribute to kids not getting enough sleep.

Lack of sleep can cause irritable or hyperactive behavior and might make it hard for kids to pay attention in class. It's important to have a consistent bedtime routine, especially on school nights. Be sure to leave enough time before bed to allow your child to unwind before lights out and **limit stimulating diversions like TV, video games, and Internet access.**