Cupcakes with frosting
24 cupcakes for $18
First ingredient:
😊 Sugar

Below are examples of healthier choices which can be purchased for approximately the same amount of money.

Option 1 (Total: $16.56)
Two 16 oz. bags of tortilla chips @ $4.29 each
Two 24 oz. jars of salsa @ $3.99 each
😊 Salsa, made with vegetables including tomatoes, onions, and hot peppers, provides various essential nutrients. The cooked tomatoes are a good source of lycopene, which is an antioxidant that might reduce your risk of heart disease, cancer, and macular degeneration.

Option 2 (Total: $14.97)
One 16 oz. bottle of ranch dressing @ $4.99 each
Two 2 lb. bags of baby carrots @ $4.99 each
😊 Carrots are a good source of fiber and their beta-carotene content provides antioxidant properties.

Option 3 (Total: $19.96)
Four 6.5 oz. bags of air-popped flavored popcorn @ $4.99 each
😊 Air-popped popcorn is considered a whole grain and is great for fiber and antioxidants.